

Life Matters Psychologists introduce digital assessment solution to help parents, schools and specialists rapidly understand the BIG picture around a child's mental health concerns.

Parenting is both rewarding and stressful, even for health professionals who have substantial knowledge about child development. For parents with a child who has challenging and confusing behaviour at home and at school, this can be overwhelming.

When a parent comes to us as Clinicians, it can be hard to quickly understand a child's needs. When a child presents to your practice, you may feel pressure to have all the answers and to adopt the role of the 'knight in shining armour' to quickly understand and fix the child's problems. We know this, because we've met many parents eager for help, and we've felt it too. It can be hard to know when to involve other specialists, provide an appropriate diagnosis (if needed) and develop a treatment plan. The weight of this expectation can be huge, which is why we've spent over a year developing one of our finest services to date.

A DIGITAL ANSWER TO RAPIDLY UNDERSTAND THE BIG PICTURE AROUND A CHILD'S MENTAL HEALTH CONCERNS.

Introducing the Life Matters' Child Mental Health Assessment Suites helping parents, schools and specialists alike to understand the BIG picture around a child's mental health concerns. We help clinicians take some of the guesswork out of developing a thorough treatment plan and take the pressure off having all the answers. [View our Assessment Suites below](#). The Suites include:

- A targeted set of reliable and valid child mental health assessment tools. Administered online in a simple way to help parents resolve confusion and steer them in the 'right direction'.
- A report. Available for dissemination to medical/allied health professionals on a child's treatment team. Includes data driven diagnostic considerations and recommendations for school and home-based interventions, further assessments/investigations and other specialists to involve in the child's treatment team.
- A feedback session for parents with a psychologist (either face-to-face or online via Zoom). Reports/feedback sessions can be available to parents within 1 - 2 wks of reaching out to us for help (only possible delay is waiting for parents/teachers to complete assessment tools)

[READ MORE ABOUT THE ASSESSMENT SUITES](#)

For further info, questions or media contact:

Eliza LeMessurier (Marketing Manager) 02 4965 3530 or assessments@lifematters.com.au

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